

IS A.A. FOR YOU?

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking-- stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

WHAT'S YOUR SCORE?

Did you answer **YES** four or more times? If so, you are probably in trouble with alcohol. Why do we say this? Because thousands of people in A.A. have said so for many years. They found out the truth about themselves — the hard way. But only you can decide whether you think A.A. is for you.

Just Call:

501-623-6328

MEETING SCHEDULE

UPDATED: NOVEMBER 2024

ALCOHOLICS ANONYMOUS

INTERGROUP COUNCIL OF WEST-CENTRAL ARKANSAS

PO BOX 6401 – HOT SPRINGS, AR 71902

(501) 623-6328
www.aawcar.org

WHAT IS A.A.?

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

ANONYMITY

Members of Alcoholics Anonymous make a point of carrying the message about their own recovery in A.A. on a person-to-person basis, but never disclose the membership of others. In this way, they may serve as an example of recovery and thus stimulate active alcoholics to seek help. Anonymity in public media guards the unity of A.A. members and preserves the attraction of the program for the millions who need help.

CLOSED MEETINGS OF ALCOHOLICS ANONYMOUS

In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol you are welcome to attend this meeting. We ask that when discussing our problems that we confine ourselves to those problems as they relate to alcoholism.

OPEN MEETINGS OF ALCOHOLICS ANONYMOUS

Anyone who wants to learn more about A.A. is welcome to attend an Open Meeting. In keeping with our singleness of purpose and our Third Tradition which states that "The only requirement for A.A. membership is a desire to stop drinking," we ask that all who participate confine their discussions to their problems with alcohol.

CITY	MEETING	CONTACT	PHONE #
ALEXANDER	KEEP IT SIMPLE	MIKE K.	501-282-3047
ARKADELPHIA	ARKADELPHIA GROUP	TERRY W.	870-340-7004
BENTON	BACK TO BASICS GROUP	MIKE F.	501-860-1175
	BEFORE AND AFTER	HOTLINE	501-326-8790
	EASTSIDE GROUP	CHIP H.	901-338-9448
	LAMP LIGHTERS	LIZ H.	214-208-9958
	ROUND TABLE GROUP	ROGER E.	501-516-7661
	ROCK BOTTOM GROUP	BARRY N.	501-840-5225
GURDON	GREEN HOUSE GROUP	LYLA R.	870-406-9197
HOT SPRINGS	CENTRAL BIG BOOK	MARVIN D.	501-627-5360
	HOT SPRINGS A.A. GROUP	CAROL A.	501-545-8612
	HSAA ONLINE GROUP	MARA M.	501-984-3556
	LAST HOUSE ON THE BLOCK	ERNIE H.	501-617-1714
	WE'RE NOT DOCTORS	JOHN K.	501-282-9838
	MI ULTIMA OPORTUNIDAD	JULIO G.	501-231-1858
HOT SPRINGS VILLAGE	EVERGREEN GROUP	CAROL F.	501-226-5204
	WELCOME GROUP	MITZI G.	682-429-7221
	EAST GATE GROUP	CHRISTINE H.	434-294-4062
	IT TAKES A VILLAGE	BARBARA L.	630-901-5496
JESSIEVILLE	ROCK HOUSE GROUP	HUNTER M.	501-762-1538
	LIVING SOBER GROUP	BOB O.	501-226-9575
MALVERN	OPEN DOOR GROUP	BLAKE B.	501 732-2636
NORMAN	NORMAN FIREHOUSE GROUP	KENNY W.	870-243-2302
SHERIDAN	GRANT COUNTY GROUP	PARKER P.	870-917-8439

SUNDAY

TIME MEETING & LOCATION

TYPE

8:00 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 9:00 AM 11TH STEP MEETING - 506 LILLIAN ST., BENTON
 11:00 AM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 1:00 PM LAMPLIGHTERS GROUP - 506 LILLIAN ST., BENTON
 6:30 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 7:00 PM GRANT COUNTY GROUP - 204 N. RED ST., SHERIDAN
 7:00 PM GREEN HOUSE GROUP - 201 E. WALNUT ST., GURDON
 7:00 PM EAST GATE GROUP - 295 BALEARIC RD., HOT SPRINGS VILLAGE
 8:00 PM EASTSIDE GROUP - 506 LILLIAN ST., BENTON
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS

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MONDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 8:00 AM THE NOT SO SERIOUS MEETING | HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 10:00 AM RULE 62 MEETING - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 12:00 PM BEFORE AND AFTER GROUP - 506 LILLIAN ST., BENTON
 5:30 PM CENTRAL BIG BOOK STUDY - 3819 CENTRAL AVE., HOT SPRINGS
 6:00 PM AS BILL SEES IT - 7415 N HWY.7 JESSIEVILLE (4 MIN. NORTH OF HSV GATE)
 6:00 PM EVERGREEN GROUP - 275 ASTURIAS DR. HOT SPRINGS VILLAGE
 6:30 PM LAMPLIGHTERS GROUP - 506 LILLIAN ST., BENTON
 7:00 PM MI ULTIMA OPORTUNIDAD - 2000 CENTRAL AVE. HOT SPRINGS
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 8:00 PM OPEN DOOR GROUP - 211 W. 3RD ST., MALVERN
 8:00 PM ROCK BOTTOM GROUP - 307 E. SEVIER ST., BENTON

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TUESDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 10:30 AM IT TAKES A VILLAGE - 200 CARMONA RD. HOT SPRINGS VILLAGE
 12:00 PM BEFORE AND AFTER GROUP - 506 LILLIAN ST., BENTON
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 5:30 PM KEEP IT SIMPLE - 7710 AR-5 ALEXANDER
 6:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 7:00 PM ROCK HOUSE GROUP - 7415 N. HWY. 7, JESSIEVILLE (4 MI N HSV GATE)
 7:00 PM ARKADDELPHIA GROUP - STURGIS BLDG. 9TH AND CADDO ST., ARKADDELPHIA
 7:00 PM GRANT COUNTY GROUP - 204 N. RED ST., SHERIDAN
 7:00 PM ROUND TABLE GROUP - 506 LILLIAN ST., BENTON
 7:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 8:00 PM OPEN DOOR GROUP - 211 W. 3RD ST., MALVERN
 8:00 PM

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WEDNESDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 8:00 AM THE NOT SO SERIOUS MEETING | HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM WELCOME GROUP - FAITH LUTHERAN CHURCH, 1196 DESOTO, HSV
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM BROWN BAG GROUP - 506 LILLIAN ST., BENTON
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 6:00 PM WE ARE NOT DOCTORS - ST. LUKE'S CHURCH, 228 SPRING ST., HOT SPRINGS
 6:00 PM LAMPLIGHTERS GROUP - 506 LILLIAN ST., BENTON
 7:00 PM MI ULTIMA OPORTUNIDAD - 2000 CENTRAL AVE. HOT SPRINGS
 7:00 PM ROCK HOUSE GROUP - 7415 N. HWY. 7, JESSIEVILLE (4 MI. N. HSV GATE)
 7:00 PM GREEN HOUSE GROUP - 201 E. WALNUT ST., GURDON
 8:00 PM EASTSIDE GROUP - 506 LILLIAN ST., BENTON
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 8:00 PM NORMAN FIREHOUSE GROUP - FIRE STATION, NORMAN
 8:00 PM

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THURSDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 12:00 PM BEFORE AND AFTER GROUP - 506 LILLIAN ST., BENTON
 5:30 PM KEEP IT SIMPLE - 7710 AR-5 ALEXANDER
 7:00 PM EAST GATE GROUP - 295 BALEARIC RD., HOT SPRINGS VILLAGE
 7:00 PM ARKADDELPHIA GROUP - PARK HILL CHURCH, HWY. 26, ARKADDELPHIA
 7:00 PM GRANT COUNTY GROUP - 204 N. RED ST., SHERIDAN
 8:00 PM OPEN DOOR GROUP - 211 W. 3RD ST., MALVERN
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 7:30 PM ROUND TABLE GROUP - 506 LILLIAN ST., BENTON

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FRIDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 8:00 AM THE NOT SO SERIOUS MEETING | HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM BEFORE AND AFTER GROUP - 506 LILLIAN ST., BENTON
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 1:30 PM LIVING SOBER GROUP - SOZO CAMPUS, 243 NATHAN TERR., JESSIEVILLE
 6:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS (2 SEPARATE MEETINGS)
 6:30 PM BACK TO BASICS GROUP - 506 LILLIAN ST., BENTON
 7:00 PM ROCK HOUSE GROUP - 7415 N. HWY. 7, JESSIEVILLE (4 MI. N. HSV GATE)
 7:00 PM MI ULTIMA OPORTUNIDAD - 2000 CENTRAL AVE. HOT SPRINGS
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 8:00 PM OPEN DOOR GROUP - 211 W. 3RD ST., MALVERN

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SATURDAY

6 & 8 AM LAST HOUSE ON THE BLOCK - 315 W. GRAND AVE., HOT SPRINGS
 8:00 AM THE NOT SO SERIOUS MEETING | HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 9:00 AM WELCOME GROUP - FAITH LUTHERAN CHURCH, 1196 DESOTO BLVD., HSV
 12:00 PM BEFORE AND AFTER GROUP - 506 LILLIAN ST., BENTON
 12:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 12:00 PM HSAA ONLINE ZOOM MEETING - ONLINE ZOOM GROUP
 7:00 PM ROCK HOUSE GROUP - 7415 N. HWY. 7, JESSIEVILLE (4 MI. N. HSV GATE)
 7:00 PM RULE 62 - 506 LILLIAN ST., BENTON
 8:00 PM HOT SPRINGS A.A. GROUP - 411 SELLERS ST., HOT SPRINGS
 8:00 PM OPEN DOOR GROUP - 211 W. 3RD ST., MALVERN

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LEGEND

B - Beginners
 BB - Big Book Study

C - Closed Meeting
 (AA Members Only)

O - Open Meeting
 (All Welcome)

D - Discussion
 M - Men's Meeting

SP - Speaker Meeting
 SS - Step Study

W - Women's Meeting
 YP - Young People

MM - Meditation Meeting
 T - Tradition Study

LS - AA Literature Study
 OBS - Open Book Study

CBS - Closed Book Study
 CL - Closed Literature